

Naropa University
Course Description Report
Catalog: UG16 Sess/Year: SP/2017
Catalog: UG16 Program: GRAD

Department: ART/Visual Arts

Course No: ART581 Traditional Chinese Brushstroke

Course Description: Brushstroke class focuses on learning how to cultivate the inner Qi, or energy, through the practice of brush calligraphy. The history of Oriental calligraphy and culture is studied. We focus on the process of meditation with a brush. Emphasis is placed on regular, running style and grass style, Caoshu, with some exposure to seal script and brush painting as well. Students learn how Asian paper and brushes are used, and how to place a chop or red seal on Chinese calligraphy and painting. We study how the Asian brush is designed and how it differs from Western brushes. Every student has artwork at the end of this course. Workshops begin with a light qigong standing meditation every week. Materials fee. Cross-listed as ART181.

Department: CTE/Contemplative Education

Course No: EDU530E Emotional Roots of Development

Course Description: A study of emotional development from Western and Eastern sources, as an access point to engaging one's spirituality. Course material encourages teachers to cultivate an empathic appreciation of emotional challenges inherent in humanity across the lifespan. The course covers three aspects: (1) emotion; (2) meaning making; and (3) self-reflection. The approach is to explore these topics across development, appreciating how changes in the physical body and the cognitive mind influence core features of development and vice versa. Observation practices are used to expand awareness and apply understanding. Prerequisites: A teaching practice and experience with meditation. Students who are not matriculated in the MA program must receive permission of the instructor to register.

Course No: EDU665E Compassionate Teaching

Course Description: An exploration of compassionate teaching in the classroom. This nonsectarian approach to teaching as a personal spiritual journey brings the teacher's inner life to the art of teaching. Students investigate the traditional compassionate qualities of generosity, patience, discipline, exertion, and knowledge in teaching and learning and also explore the dynamics of transitions and compassionate relationships in learning communities. Readings come from leaders in the field as well as from relevant Buddhist and other spiritual teachers. The course includes mindfulness-awareness meditation and loving-kindness practice. Students who are not matriculated in the MA program must receive permission of the instructor to register.

Course No: EDU720E Spiritual Roots of Development

Course Description: This course investigates theories of the spiritual roots of human development, with a focus on the validity and implications of stage theories. It examines contemporary theories of development in light of current and historical theories of spiritual development, with particular attention to Wilbur, Washburn, Steiner, Aurobindo, and Khan. Implications of these theories for educational theory and practice are drawn. Students have an opportunity to investigate a theorist of their choice. Students who are not matriculated in the MA program must receive permission of the instructor to register.

Course No: EDU880E Master's Project

Course Description: Master's Project provides both individualized and group support for students in the capstone course of the Contemplative Education program. The project may be a substantial expansion of a previous paper, or a new endeavor related to a personally meaningful aspect of contemplative education. Students study, inquire about, and then articulate their project focus: writing of a document that will include other creative genres. The project culminates in the master's project presentation during the following summer. Prerequisites: All previous MA ED program courses, except EDU720e.

Course No: EDU881E Extended Thesis

Course Description: Contemplative education extended thesis.

Department: ENV/Environmental Studies

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Course No: ENV637 Multicultural Perspectives for Environmental Leaders

Course Description: This course is designed to provide multicultural perspectives for environmental leaders. The key focus is to examine the ways race, culture, history, class, and other socio-economic conditions, geography, and gender affect environmental issues. This is examined at both a global and national level, through the fields of political ecology and environmental justice. The course also has a strong focus on understanding and healing. The class is highly interactive and requires a deep level of research, presentation, and discussion by all participants.

As a result of this course, students have a heightened capacity to bring these issues to their work and service to the world. Course fee, alternates years with ENV650.

Course No: ENV645 The New Science and Its Cultural Applications

Course Description: In a synthesis of the old and new visions in Western science, this course develops understanding of the new material emerging in science regarding the earth as a living system; examines cosmology and Gaian science, as well as key principles of geophysiology; and explores the significant cultural implications and applications. This material provides key tools and perspectives for environmental leaders, as well as insights useful for working with organizations and communities. Required for EL MA.

Course No: ENV650 Inner Work for Environmental Leaders II

Course Description: A continuation of Inner Work for Environmental Leaders I. In addition to mindfulness training and nature-based ecopsychological practices, the course introduces specific practices of loving-kindness and cultivating compassion for oneself and others (metta and tonglen from the Buddhist tradition) and non-violent communication (NVC) as essential tools for environmental practitioners. Topics include working with strong emotions, transformative approaches to conflict, effective communication with others, and caring for the activist. This course includes a nonresidential weekend intensive. Course fee, alternates each year with ENV637. Required for EL MA.

Course No: ENV750 Application of Contemplative Practices and Perspectives: Going Forth

Course Description: This course provides students with continuity and support for contemplative practices and perspectives gained in the first year. Students further their cohort/community relationships, acquire skills in group reflection and health, and provide opportunities to bring this understanding to their applied leadership project, as well as their evolving leadership style. They choose and apply a personal sustainability practice throughout the semester. This course serves as closure to the program and transition into the work world.

Course No: ENV775 Professional Coaching

Course Description: Training in and applications of professional coaching skills, this work gives students access to fresh perspectives and feedback, as well as a lifelong tool for their work as leaders. Students apply coaching skills to their work on the applied leadership projects. Course required for all EL MA students.

Course No: ENV785 Environmental Leadership Capstone Seminar

Course Description: In this capstone course, the student is expected to synthesize and integrate the conceptual and theoretical knowledge and understanding, as well as skills acquired in the curriculum through course work, internships, leadership development, research, and other learning activities. The emphasis is on the student's demonstrated development and competency of applied environmental leadership skills and written analytic material that can be utilized for individual student assessment and program assessment. Students are assessed on their professional report and formal presentation of their applied environmental leadership project during this semester. Prerequisite: completion of all other required courses in this major. Required for and restricted to EL MA students. Course fee.

Department: CMHC - Contemplative Psychotherapy and Buddhist Psych

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**Course No: CNSC623 Buddhist Psychology II:
Abhidharma and the Psychology of Confusion**

Course Description: The abhidharma teachings on the five skandhas and the six "realms" provide precise understanding of the development of a false sense of self and how this mistaken view leads to a variety of styles of confusion and suffering. The study of karmic cause and effect leads to an understanding of how habitual patterns and addictive behaviors develop and may be interrupted. Pratityasamutpada is studied as an approach to understanding interdependence and systems thinking. The early ethical teachings of the Buddha are studied, and the practice of mindfulness-awareness sitting meditation is explored further, both experientially and intellectually. Additional fee for one-on-one meditation instruction.

Course No: CNSC629 Group Process II

Course Description: This is a continuation of Group Process I.

Course No: CNSC631 Counseling & Helping Relationships: Skills Practice I

Course Description: Introductory exploration of the professional practice of psychotherapy, which is seen as the joining of the personal discipline of mindfulness-awareness practice that cultivates self-understanding with the interpersonal discipline of cultivating healing relationships. The course includes both experiential and intellectual components, and emphasizes current counseling theories and their applications, a culturally sensitive orientation to the fundamental health of the human mind, and contemplative self-care strategies for working with human suffering and cultivating wellness. The course utilizes experiential training and practice in clinical skills and on-the-spot feedback.

Course No: CNSC638 Lineages of Understanding: Buddhist & Western Perspectives on Well-being and Disorder

Course Description: Intrinsic health is the ground of experience, yet one repeatedly loses touch with it. This course explores the sequence of events through which one can become absorbed in "story-lines." The painful nature of this experience, which is a patchwork of events real and imagined, is explored. Emphasis is on recognizing the experience of sanity within pathology. Students experience the personal and painful nature of such psychopathology as it occurs in their own lives and in the lives of others. The recovery stages of health are introduced, along with an introduction to diagnosis and the use of testing in appraisal.

Course No: CNSC665 Maitri II

Course Description: A two-week residential intensive focusing on the practice of intensive sitting and walking meditation and Maitri Space Awareness is directed toward becoming increasingly at home with oneself and with others. Students are introduced to the five Buddha Families of Tibetan Buddhist teachings as a way of understanding how the seeds of clarity are often hidden within the manifestations of confusion and suffering. This residential class requires full participation in all aspects of the program. Additional fee for one-on-one meditation instruction. Additional fee for room and board.

Course No: CNSC700 Assessment

Course Description: An overview of individual and group approaches to assessment and evaluation, as these have developed historically from a traditional educational and psychological perspective, through a more focused counseling perspective, with suggested applications appropriate for transpersonal and contemplative practitioners. The course covers basic topics of standardized and non-standardized testing and other assessment techniques including inventories, observations, and computer managed methods. Topics include psychometric statistics, factors related to the assessment and evaluation of individuals, groups, and special populations, case conceptualization, assessment, and diagnosis. Ethical and legal considerations are integrated throughout the course. Issues of diversity related to development of and selection of assessment instruments are also explored. The course also provides an understanding of basic classifications, indications, and contraindications of commonly prescribed psychopharmacological medications for referrals and identification of side effects. Course fee.

Course No: CNSC710 Research and Statistics

Course Description: A survey of research methods and statistics as they apply to counseling psychology and psychotherapy. Topics include philosophical issues, rigor, types of psychological research, descriptive and inferential statistics, experimental and correlational methods, qualitative methods, test construction, needs assessments, program evaluation, research ethics, the structure of research reports, and strategies for literature searches. The course seeks to be applicable and useful for both professional and personal growth and includes lectures, discussion, and practice exercises.

Course No: CNSC723 Buddhist Psychology IV: The Practice of Psychotherapy and the Path of the Bodhisattva

Course Description: The Mahayana ideal of the bodhisattva, one who dedicated their life to the welfare of others, can be an inspiration for the psychotherapist. This course focuses on the example of the bodhisattva and the practice of the six paramitas, or transcendent actions, as they apply both to the students' own development and to working with therapy clients. Understanding compassion as the basis for ethical behavior and the appropriate setting of boundaries in the clinical relationship is stressed. Classical texts, contemporary commentaries, and clinical writings are also studied. Additional fee for one-on-one meditation instruction.

Course No: CNSC728 Large Group Process

Course Description: Students participate in a large group process. Key theoretical concepts, individuals' experience within the group, and the group's dynamics are examined.

Course No: CNSC729 Group Process IV

Course Description: This course is a continuation of CNSC709.

Course No: CNSC738 Psychopathology, Psychosis, and Ordinary Mind

Course Description: This course examines psychosis through clinical material and a discussion of Buddhist and other understandings of mind. Strategies for facilitating optimum development and wellness over the life span are discussed. Assessment and diagnosis of psychotic disorders are included. The class emphasizes selected approaches to treatments that provide the advocacy processes needed to address institutional and social barriers that impede access, equity, and success for clients.

Course No: CNSC765 Maitri IV

Course Description: A two-week residential intensive focusing on the relationship between individual contemplative practice and working with others, both in the maitri community and in clinical practice. Intensive sitting meditation, walking meditation, Maitri Space Awareness practice, and community living provide opportunities for increased self-understanding, self-acceptance, and openness to differences. These learnings continue to form the ground upon which ethical and healing relationships may be cultivated. The academic portion of the program focuses on the Lojong teachings of the Buddhist Mahayana tradition and their application to clinical work. Additional fee for one-on-one meditation instruction. Additional fee for room and board.

Course No: CNSC801 Professional Counseling Orientation & Ethical Practice: Skills Practice II

Course Description: Providing continuing training in clinical skills, this course emphasizes the study of professional roles and standards, including ethics, legal issues, and credentialing.

Course No: CNSC823 The Art of Contemplative Counseling Psychology

Course Description: An opportunity for students to review and integrate the Buddhist teachings while engaging in their internship experiences. The format of the class includes group meditation and individual presentations of clinical interests, together with group discussion aimed at integrating Buddhist, clinical, and other contemporary approaches to the art of practicing contemplative counseling psychology. Written work is designed to further the conceptual and clinical acumen of the developing psychotherapist. Additional fee for one-on-one meditation instruction.

Course No: CNSC828 Large Group Process II

Course Description: A cohort of students participates in a large group process that includes their entire class. Emphasis is on providing support for the students' journey, while providing the students the opportunity to study the many dimensions of large group dynamics as these develop in their group. The class focuses on issues of inclusiveness/exclusiveness, finding one's voice in a large group or community, and how to lead large groups.

Course No: CNSC829 Group Process VI

Course Description: This course is a continuation of CNSC809.

Course No: CNSC860 Maitri V

Course Description: A weeklong retreat held during spring break, the third-year Maitri program brings attention to endings: the ending of the three-year program for the students and the termination process in therapy. Students are encouraged to bring mindfulness and awareness to the experiences that arise during termination. The traditional teachings on death and dying found in the Tibetan Book of the Dead provide surprisingly relevant guidance for the contemporary therapist in dealing with endings of all kinds. Additional fee for room and board.

Course No: PSYC858 Field Placement II

Course Description: This course is a continuation of PSYC808.

Course No: PSYC868 Clinical Tutorial II

Course Description: This course is a continuation of PSYC818.

Department: CMHC - Somatic Counseling Psychology

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Course No: CNSB716 Specialized Approaches in Body Psychotherapy: Trauma, Resilience, and Change

Course Description: An advanced theory and skills course that studies both developmental and traumatic wounding, and the adult patterns of thought, emotion, and behavior these wounds create. Using various methodologies, students gain a somatic understanding of trauma and its physiological and psychological effects.

Practical somatic techniques for contacting, accessing, deepening, processing, transforming, and integrating developmental and traumatic experiences are taught. Prerequisite: CNSB626. Co-requisite: CNSS753.

Course No: CNSB891 Internship II: Body Psychotherapy

Course Description: A continuation of CNSB871, this course is for Body Psychotherapy students who have completed their second-year requirements. The internship consists of 700 hours and includes participation in treatment team meetings, documentation, clinical supervision, and in-service education. The classroom seminar focuses on clinical mentorship with supplemental readings and also addresses integral issues in the transition from student therapist to professional therapist. Body Psychotherapy students only. Prerequisite: CNSB871. Co-requisite: CNSS853.

Course No: CNSD716 Specialized Approaches In Dance Movement Therapy: Therapist as Artist

Course Description: An exploration of the creative healing arts and the therapist's role as artist. Theories of imagination and creativity are examined through the lens of inclusivity and clinical skill building. In addition, this course focuses on the relationship of Dance/Movement Therapy to other creative arts modalities. Readings, discussion, in-class experientials, out of class practice and guest lecturers provide an overview of theory, techniques and considerations for special populations. Emphasis is on the integration and application of creative modalities, and their application to specific populations. Prerequisite: CNSD616. Co-requisite: CNSS753.

Course No: CNSD891 Internship II: Dance/Movement Therapy

Course Description: A continuation of CNSD871. After completing second-year requirements, each Dance/Movement Therapy student enters a clinical internship and under ADTR mentorship, leads dance/movement therapy sessions and groups. The internship consists of 700 hours and includes participation in treatment team meetings, documentation, clinical supervision, and in-service education. The classroom seminar focuses on clinical mentorship with supplemental readings and also addresses integral issues in the transition from student therapist to professional therapist. Dance/Movement Therapy students only. Prerequisite: CNSD871. Co-requisite: CNSS853.

Course No: CNSS610 Social and Multicultural Foundations

Course Description: Psychotherapists work with clients who in many cases come from vastly different cultures than themselves, whether measured by ethnicity, gender, sexual orientation, age, class, or race. This course introduces the student to the basic theories and practices of culturally competent counseling via examining the student's own cultures, biases, and internalized oppressions.

Course No: CNSS637 Body/Movement Observation and Assessment II

Course Description: The second semester of a two-semester series in which students begin to look at how the mind is expressed through the body. With basic body/movement observation and assessment concepts and skills gathered in the first semester, the second semester places greater emphasis on deriving clinical meanings from these observations. In particular, this course focuses on learning the psychotherapeutic implications of developmental movement and body patterning as they relate to the psychological perspectives of object relations, self psychology, and attachment theory. This theory is viewed through the lenses of the Kestenberg Movement Profile (KMP), Laban Movement Analysis (LMA), Body-Mind Centering (TM)/Body-Mind Psychotherapy (BMC/BMP), and anatomical kinesiology. Additionally, students continue exploring the dynamic relationship between their own movement preferences and repertoires as they interface with those of others so that this awareness becomes a resource for effectively working with transference and countertransference in psychotherapy. In both semesters the process of observing the body and its movement patterns is approached from the integrative vantage points of theoretical knowledge, practiced observation, and personal embodiment. Prerequisite: CNSS621.

Course No: CNSS653 Group Community Skills II

Course Description: A continuation of CNSS623. Somatic Counseling Psychology students only. Co-requisite: CNSS751. Course fee.

Course No: CNSS661 Counseling & Helping Relationships II: Verbal and Nonverbal Skills

Course Description: Using direct experiences to develop clinical skills, this advanced course works with the basic forms and practices of facilitating body- and movement-centered therapy and counseling sessions with individuals. The skills covered include working with resistance, emotional arousal, therapeutic transference/countertransference, character strategy, relationship issues, and energy states. Examples will be given of how the skills apply in various settings to diverse populations. Methods of instruction include in-class role-playing with supervision, relevant readings, reflection papers, and a final exam that integrates the students' learning. Prerequisite: CNSS631.

Course No: CNSS663 Family Systems: Methods of Family Therapy

Course Description: The exploration of family and social systems as higher levels of body organization, the course combines family and social systems theory with somatic perspective to provide an overview for treatment. Students learn skills for working with diverse family systems and work experientially with genograms.

Course No: CNSS710 Research and Program Evaluation

Course Description: An introduction to the field of research methods and program evaluation as they apply to counseling psychology and psychotherapy. Topics include philosophical issues in research, including the importance of research, and opportunities and methodologies for conducting research in the counseling field. Research methods including qualitative, quantitative, single-case, action, and outcome-based are surveyed. Principles, models, and applications of needs assessment, program evaluation, and use of findings to effect program modification are discussed. Technology, statistical methods, ethics and legal concerns, result reports, and methodologies that centralize diversity and inclusion are also topics of importance.

Course No: CNSS711 Career Development I

Course Description: The first of two lifestyles and career development courses, this course provides a first look into career development theory and decision-making models. Students learn career development program planning, placement, organization, implementation, administration, and evaluation. Students address the symbiotic relationship between learning in the classroom and clinical applications in the community as they explore and reflect on their own career development. This course serves as preparation for students to study the relevance of counseling psychology to marginalized and oppressed as well as privileged populations through a Practicum Placement in the fall semester.

Course No: CNSS731 Career Development II

Course Description: A continuation of Career Development I, this course further addresses career development theories, techniques, counseling, guidance, and education strategies. Students learn and become familiar with occupational and educational information sources and systems, effectiveness evaluation, and assessment tools and resources. Attention is paid both to the student's personal experience and to the implications for counseling others. Prerequisite: CNSS711.

Course No: CNSS736 Current Methods and Skills in Psychotherapy

Course Description: Major current approaches in psychotherapy theory and practice, including Cognitive Behavior Therapy (CBT), Dialectic Behavior Therapy (DBT), and Solution Focused Therapy are explored. Students have the opportunity to examine how each of these methods operates independently, as well as how they interface with more traditional approaches. Students also begin to work with these approaches in a way that builds clinical skill development in alignment with a somatic psychotherapy orientation.

Course No: CNSS751 Group Counseling

Course Description: Introduces beginning dance/movement therapists and body psychotherapists to the skills they need to lead clinically focused therapy groups. These skills include an understanding of: group formation; the developmental stages of groups; group norms; multicultural issues in groups; methods for soliciting and integrating minority member influences; styles of communication among group members; group dynamics; group leadership styles; and group productivity. Specific movement-oriented, body-based interventions will be discussed and practiced in experiential and student-led group facilitations. Co-requisite: CNSS653.

Course No: CNSS753 Group Community Skills IV

Course Description: A continuation of CNSS723: Group Community Skills III. Somatic Counseling Psychology students only. Co-requisite: CNSB716 or CNSD716. Course fee.

Course No: CNSS756 Advanced Counseling Skills II: Diagnosis and Treatment in Clinical Mental Health

Course Description: This course supports students in refining the basic elements of their therapeutic skill set in preparation for clinical placements. In particular, students learn and utilize the major diagnostic categories within the DSM-V as a tool for dimensional, integrative case conceptualization. This information is incorporated into a body-based, movement-oriented, multicultural perspective as a means of deepening and broadening the traditional wisdom of mental health diagnosis and treatment planning within the counseling environment. In addition, students refine their skills in identifying and working with resistance or therapeutic ambivalence; develop greater facility in tracking transference and countertransference in the therapeutic relationship; and cultivate greater facility in using touch, imagery, music, rhythm, props, somatic tracking, and verbalizations to help clients move toward a further level of intrapsychic and interpersonal integration. Prerequisite: CNSS610.

Course No: CNSS835 Master's Paper Seminar II

Course Description: A continuation of CNSS834 designed to assist students in writing their master's project paper. Class content addresses the students' particular needs as the project develops. Particular emphasis is placed on scholarly writing and publication requirements. The course culminates in an oral presentation of the students' work on Master's Paper Presentation Day, designed to be a capstone experience of the students' time in the program. Prerequisite: CNSS834. Course fee.

Course No: CNSS853 Group Community Skills VI

Course Description: Further practice of the skills and techniques covered in Group Community Skills I-V, with an emphasis on students' professional development in group process and leadership. Somatic Counseling Psychology students only. Co-requisite: CNSB891 or CNSD891. Course fee.

Course No: CNSS882 Extended Master's Paper Project

Course Description: Required for all Somatic Counseling students who have finished five semesters of course work and who have yet to finish their master's paper, this class is to be taken the fifth semester of study, and subsequent semesters, until the paper is completed. Somatic Counseling students only.

Course No: PSYS866 Internship Placement II

Course Description: A continuation of PSYS816. Students receive credit that may be included in their applications for fulfilling the 700 hours of internship required to fulfill current state of Colorado licensure (LPC) requirements, and for clinical mentorship. Prerequisite: PSYS816. Co-requisites: PSYS875 and PSYS876.

Department: CMHC - Transpersonal Counseling Psychology

Course No: CNSA569 Art Therapy Perspectives for non-Majors

Course Description: Providing a detailed survey of the field of art therapy, this course covers a wide range of topics and offers broad-based exposure to the theory and practice of art therapy. MA only; BA seniors with instructor permission. Materials fee. Cross-listed as CNSA369.

Course No: CNSA624 Art Therapy Studio: Process and Materials

Course Description: Art-based research combined with contemplative practice are carefully integrated into the investigation of various art processes and materials throughout the semester. The open studio model is followed, allowing for students to practice mindfulness through process painting, drawing, and sculpture projects. Commitment to personal and transpersonal imagery is encouraged as an essential part of understanding one's identity as an artist, the purpose of the therapeutic community, and contemplative models for practicing studio art therapy. Prerequisites: CNSA604 and CNSA634. AT only. Materials Fee.

Course No: CNSA665 Civic Engagement Studio Practicum

Course Description: A fifty-hour practicum that allows students to work with various groups from the local community in the Naropa Community Art Studio. Civic responsibility, service-learning values, and cultural/social interventions through art and the mentorship role are stressed throughout the semester. Course and materials fee. Prerequisites: CNSA604 and CNSA634. AT only.

Course No: CNSA751 Group Counseling: Transpersonal Art Therapy

Course Description: This course addresses the theory and practice of group counseling through various didactic and experiential methods. The following counseling and art therapy topics are addressed throughout the semester: group ethics; group dynamics and process; stages of group development; levels of intervention; curative factors of group work; contemplative practice applications; group resistance and defenses; cultural competency; termination practices; and the use of art-based interventions and processes for specific populations. Additionally, special attention is devoted to the family as a group. Prerequisites: CNSA604, CNST631, and CNSA634. Course and materials fee. AT only.

**Course No: CNSA754 Counseling for Adult Populations
(for Art Therapy Students)**

Course Description: This course addresses clinical approaches to working with adult populations from specific DSM-IV categories and with families. Each class offers a population-specific lecture, case material, and general art therapy interventions. Students have the opportunity to increase their understanding of art therapy assessment by engaging in dyad/studio sessions with each other. Organization of treatment plans, session documentation, and assessment for adult populations are examined.

The Family Systems portion of the class offers an overview of family systems theory and family art therapy. Students learn the basic concepts of systems theory, how to make Bowenian and Minuchin maps, how families are organized and structured, the life cycle of a family, and working with diverse family structures through cultural awareness. Pre-requisite: CNSA734. Course fee.

Course No: CNSA790 Counseling Practicum

Course Description: Required of all second-year students, the counseling practicum provides for the continued development of counseling skills through fieldwork at a community agency with on-site consultation and supervision. The practicum is designed to provide a supportive and instructional forum for students initial experiences working with clients in community settings. Students also study ethical guidelines relating to the counseling profession. The course includes secondary group supervision to support the practicum fieldwork experience. In secondary group supervision, students discuss professional and personal issues as they relate to their development as beginning counselors. Discussion topics include client populations served, client transference and therapist countertransference, case presentations, agency structure and organization, and community resources. Prerequisite: CNST631, CNST661, and CNSA665.

Course No: CNSA802 Professional Counseling Orientation & Ethical Practice: Transpersonal Art Therapy

Course Description: This weekly seminar continues the discussion on professional issues related to assessment, treatment planning, documentation, clarification and application of theoretical orientation, transference and countertransference, and various legal and ethical topics. One half of each class meeting is devoted to case consultation and secondary supervision, in addition to the primary supervisory responsibilities of the on-site supervisor. Throughout the semester, students present case material, eventually formulating a coherent case study to be presented at the department orals. If one fails to successfully complete this class, both professional seminars I and II must be retaken together. Prerequisites: Successful completion of all required Art Therapy and Transpersonal Counseling Psychology courses. AT only.

Course No: CNSA844 Internship Studio Methods II

Course Description: This course complements the work covered in Professional Counseling Orientation and Ethical Practice by using various studio methods and techniques to explore the fieldwork experience in terms of transference and countertransference, parallel process, projective identification, ethics, and professional role identity. AT only. Prerequisite: CNSA824. Course fee.

Course No: CNSA891 Internship II: Transpersonal Art Therapy

Course Description: A continuation of CNSA871. If one fails to successfully complete this class, both Internship I and II must be retaken in sequence. AT Only.

Course No: CNSM651 Gestalt II: Experiment

Course Description: Demonstrations of individual and group experiments are followed by didactic learning that further explores the central Gestalt themes. The concepts of organicity, figure-ground perceptual fields, polarities, top-dog/underdog, the four explosions, contact boundary, and satisfaction/frustration are explored. The process of a therapeutic experiment is introduced, and students learn to identify stages of a Gestalt working. Students work under the supervision of the teacher. If this class is not successfully completed, both Gestalt I and Gestalt II must be retaken together. Prerequisite: CNSM601.

Course No: CNSM802 Professional Counseling Orientation & Ethical Practice: Mindfulness-based Transpersonal

Course Description: Professional Orientation and Ethics II completes the learning experience of students enrolled in the internship placement. The class is designed to provide an instructional and supportive forum for students practicing counseling and psychotherapy in agency settings. The class provides an understanding of professional roles, organizations, and credentialing. Students are exposed to the ethical, legal, and advocacy considerations of counseling. The history and philosophy of the counseling profession are considered in relation to current trends and case studies. We are concerned with professional, theoretical, and personal issues related to the internship, such as therapeutic technique and style, diversity issues, transference, and countertransference.

Course No: CNSM891 Internship II: Mindfulness-based Transpersonal Counseling

Course Description: A continuation of PSYT800.

Course No: CNST506 Jungian Dreamwork

Course Description: This course lays the foundation and develops an understanding of Jungian dream work from both a theoretical and a practical perspective. Emphasis is placed on the practical use of dreams in therapy and in one's own personal life. Students look at the structure and process of dreams, objective and subjective interpretations, associations and amplifications complexes as seen in dreams.

Course No: CNST521 Touching the Moment: Indelible Presence

Course Description: Mindfulness meditation - the art of "coming home to ourselves" - is both a method of restoring our connection to the vitality of our own life, and a way to develop presence for our work with others. This five-day residential rural group retreat, appropriate for beginning as well as experienced meditators, includes shamatha sitting meditation, contemplative movement practice, experiential dharma art, periods of silence, work practice, mindful eating, and outdoor walking meditation. Individual meditation instruction, as well as daily lectures and discussion are included. Extra fees apply.

Course No: CNST575 Taming the Wild Horse: Riding the Energy of Emotions

Course Description: Learning to work with emotions can be challenging, even for experienced meditators. This five-day residential rural group retreat is designed to strengthen meditative tools for understanding and healing emotional struggle. Especially applicable for people working in the helping professions who wish to deepen compassion for self and others, the retreat includes "sending and taking" meditation (tonglen); mindfulness-awareness sitting practice (shamatha); contemplative interactive exercises; periods of silence; mindful eating practice; and outdoor walking meditation. Individual meditation instruction, as well as daily lectures and discussions, are included. This retreat can be challenging because practicing with emotions can be challenging. The instructor strongly recommends that participants have some prior meditation intensive experience (e.g., a weekend meditation program) prior to attending this retreat. Extra fees apply.

Course No: CNST596W Special Topics in Transpersonal Counseling Psychology

Course Description: Compassion, Mindfulness and Well-being: The Future of Transpersonal Counseling and Psychology: This course will expose you to an array of faculty and leaders in the field of transpersonal psychology exploring how the topics of compassion, mindfulness, meditation, spirituality, neuropsychology, creativity and other inspired approaches can lead to well-being and states of non-dual awareness. The conference format allows you to choose between panels, round-table discussions, contemplative practices, and experientially based offerings on diverse topics and counseling methods. Our invited keynote speakers and guests include Dr. Jill Bolte Taylor, Dr. Stan Grof, Dr. Art Jones, Dr. Stanley Krippner, and current and former faculty to be announced. A full description of the conference will be available in April.

Course No: CNST610 Social and Multicultural Foundations

Course Description: This survey course explores the role of the counselor embedded in the milieu of the social and cultural realities of society. Issues concerning work with families from diverse cultures are discussed, including the counselor's role in social justice, advocacy and conflict resolution, cultural awareness, the nature of biases, prejudices, processes of intentional and unintentional oppression and discrimination, and other culturally supported behaviors that are detrimental to the growth of the human spirit, mind, or body.

Course No: CNST646 Contemplative Voice Work: Sounding the Body-Mind

Course Description: This course is designed to be primarily experiential in nature. Each class begins with breathing and movement exercises, bringing awareness to the body and releasing habitual holding patterns, which can inhibit vocal expression. The remainder of the class is spent in group, dyad, and individual work exploring techniques for vocal expression including sounding, toning, singing, and listening as a way to access and express the full range of the authentic voice. Students explore countertransference issues connected with particular vocal qualities and will experiment with "shadow" (not me) vocal sounds in order to develop a wider range of expression. Previous experience with singing is not required.

Course No: CNST653 Authentic Movement/Transpersonal

Course Description: Authentic Movement, a self-directed movement process employing the wisdom of the body as a pathway to awareness, provides direct experience of the individual and collective body as a vessel for integration, healing, transformation, and creative process. This course explores the ground form of Authentic Movement: the mover, witness, and the relationship between them. Students explore their own process while experiencing this therapeutic movement form. Through learning how to increase the authenticity of presence, students explore the ground of the healing relationship. Authentic Movement provides a model for life lived in authentic relationship to self, others, and community.

Course No: CNST661 Counseling & Helping Relationships II

Course Description: This course provides a general framework for understanding and practicing counseling and consultation, including an understanding of counseling in a multicultural society. Crisis intervention and suicide prevention models are introduced, including the use of psychological first aid strategies. Counseling practice is founded on mindfulness and transpersonal perspectives that emphasize wellness and prevention as primary counseling goals. Other topics covered include a history of the profession; theoretical orientations including family systems, ethics, and counseling skills; and the development and stages of a therapeutic relationship. Videotaped practice sessions demonstrate the development of students' professional skills, knowledge, and personal growth, as well as their developing awareness of the relationship between self and other. Prerequisite: CNST631.

Course No: CNST663 Family Systems

Course Description: An entry-level examination of family process and family counseling. Drawing from a systems approach, the student learns how to shift his or her focus from the individual to the dynamic interplay between members of a couple or family. Major schools of family therapy are studied. Experiential exercises and role-playing complement the theoretical learning. Students explore their own family of origin as a ground for working with others. Trauma in the family, such as child abuse and domestic violence, is also covered. Prerequisite: CNST620.

Course No: CNST670 Transpersonal Psychology

Course Description: An introduction and examination of central concepts, theories, practices and applications of transpersonal psychology. The on-campus sections are designed for students in the transpersonal counseling programs. These sections extend counseling and psychology into transpersonal areas. The theories of the central figures in the field are discussed and compared, as well as the roots of transpersonal psychology in the world wisdom traditions and multicultural considerations. Students learn counseling applications of transpersonal psychology. The online section of this course explores foundations of transpersonal psychology and its applications to meditation, ritual, ecopsychology, psychological research, multicultural diversity, and other areas. All sections blend intellectual exploration, practice, and self-reflection.

Course No: CNST673 Jungian Psychology: Transpersonal Foundations and Central Concepts

Course Description: C.G. Jung, arguably the first transpersonal psychologist, presented a complex model of the psyche including the ego and its relationship to the unconscious and what he called the Self, which is the transpersonal component of the psyche. This course, blending Jungian transpersonal theory with applied clinical methods, examines these core precepts and other central tenets of Jung's analytic psychology. Art therapy students can choose between either this class or CNST670. Interested counseling track students can take this course after completing CNST670. Prerequisite for counseling track students: CNST670. Prerequisites for art therapy students: CNSA604 and CNSA634.

Course No: CNST700 Assessment

Course Description: An overview of individual and group approaches to assessment and evaluation, as these have developed historically from a traditional educational and psychological perspective through a more focused counseling perspective, with suggested applications appropriate for transpersonal and contemplative practitioners. The course covers basic topics of standardized and non-standardized testing and other assessment techniques including inventories, observations, and computer managed methods. Topics include psychometric statistics, factors related to the assessment and evaluation of individuals, groups, and special populations, case conceptualization, assessment, and diagnosis. Ethical and legal considerations are integrated throughout the course. Issues of diversity related to development of and selection of assessment instruments are also explored. Course fee.

Course No: CNST710 Research and Program Evaluation

Course Description: This course is an introduction to the field of research methods and program evaluation as they apply to counseling psychology and psychotherapy. Topics include philosophical issues in research, including the importance of research, and opportunities and difficulties of conducting research in the counseling field. Research methods including qualitative, quantitative, single-case, action and outcome-based are surveyed. Principles, models, and applications of needs assessment, program evaluation, and use of findings to effect program modification are discussed. Technology, statistical methods, ethics and legal concerns, result reporting, and diversity are also topics of importance.

Course No: CNST711 Career Development

Course Description: This course addresses career counseling, career planning, and adult transition from a holistic and transpersonal point of view. Students learn the central theories of career development. Key assessment instruments for life/career planning and decision-making are reviewed. Career counseling skills and processes are explored, including those applicable to specific populations. The course explores the interrelationships between work, family, and other life roles, including the role of diversity and gender in career development. Ethical and legal considerations, career development programming and evaluation, occupational and labor market information, and web-based resources are studied.

Course No: CNST720 Meditation Practicum I: Cultivating Awareness

Course Description: This course is designed to support students in continuing the practice of mindfulness-awareness meditation begun in CNST621. Specific topics include applications of mindful-awareness to creativity, healing, and social action. Students meet in small groups for sitting and walking meditation sessions and discussion. Individual meditation instruction is provided. Prerequisite: CNST621. Materials fee.

Course No: CNST740 Diagnostic Psychopathology

Course Description: An advanced overview of clinical thinking, perspective, and comprehension related to assessment, diagnosis, and treatment planning tasks required of a psychological professional working with clients representing a wide range of distress, disorders, mental illness, life crises, spiritual dilemmas, personal and developmental transitions, and sociocultural challenges.

Course No: CNST743 Transitions Throughout the Lifespan

Course Description: An examination of counseling individuals through major life transitions. The modality of rites of passage, its appropriateness with both adolescent and adult clients, and its cross-cultural dimensions are a focus. Students gain firsthand experience with ceremony, ritual, expressive arts, and vision fasts in natural settings as modalities for addressing transitions. Must be taken concurrently with CNSW728. WT only.

Course No: CNST770 Meditation Practicum II: Developing Compassion

Course Description: The development of compassion as the basis of the counseling relationship is explored in this course through the practice of tonglen (exchange of self and other) from the Buddhist tradition. Specific topics include the application of tonglen to the healing process, death and bereavement, social action, and preventing burnout. Group sessions of sitting and walking meditations, discussions, and individual instruction are provided.

Course No: CNST780 Therapy with Children & Adolescents

Course Description: This course focuses on essentials of therapy with children, adolescents, and the family system in which they live. Students have the opportunity to explore and practice directive and non-directive treatment interventions while examining issues such as emotional age, nervous system regulation, and brain development. The therapist's role and use of mindfulness, emotional congruence, and attunement are also addressed. Students have the opportunity to explore specific topics such as aggression, art, sand, puppets, and family play. Adoption, ADD and ADHD, trauma, sensory processing issues, addiction/cutting, and other issues commonly related to children and teens are also covered. Prerequisite: CNST620.

Course No: CNST782W Approaches to Couples Counseling

Course Description: Intensive two-day workshop featuring various methods of couples counseling: Imago; existential; Gottman; object relations; and other approaches. One approach will be featured each semester--topics to be announced. Both didactic information and experiential exercises are presented, including concrete and effective tools for working with couples. Students gain confidence in their ability to understand and deal with relationship dynamics, including their origins in early childhood. Prerequisite: CNST631.

Course No: CNST790 Counseling Practicum

Course Description: Required of all second-year students, the counseling practicum provides for the continued development of counseling skills through fieldwork at a community agency with on-site consultation and supervision. The practicum is designed to provide a supportive and instructional forum for students' initial experiences working with clients in community settings. Students also study ethical guidelines relating to the counseling profession. The course includes secondary group supervision to support the practicum fieldwork experience. In secondary group supervision, students discuss professional and personal issues as they relate to their development as beginning counselors. Discussion topics include client populations served, client transference and therapist countertransference, case presentations, agency structure and organization, and community resources. Prerequisite: CNST661 or CNSW661.

Course No: CNSW627 Contemplative Perspectives & Practice

Course Description: The course supports students in continuing their training in mindfulness practice and explores the use of contemplative practice in the context of personal development and working with others, particularly in wilderness settings. In addition to group sitting practice, students engage in several periods of extended silent activity in order to deepen mindfulness in wilderness settings. WT only.

Course No: CNSW661 Counseling & Helping Relationships II: Transpersonal Wilderness Therapy

Course Description: This course provides a general framework for understanding and practicing counseling and consultation, including an understanding of counseling in a multicultural society. Crisis intervention and suicide prevention models are introduced, including the use of psychological first aid strategies. Counseling practice is founded on mindfulness and transpersonal perspectives that emphasize wellness and prevention as primary counseling goals. Other topics covered include a history of the profession; theoretical orientations including family systems, ethics, and counseling skills; and the development and stages of a therapeutic relationship. Videotaped practice sessions demonstrate the development of students' professional skills, knowledge, and personal growth, as well as their developing awareness of the relationship between self and other. WT only. Prerequisite: CNSW631.

Course No: CNSW728 Outdoor Skills II: Horticulture, River, and Rites of Passage

Course Description: In the second semester of this yearlong class, students continue to hone outdoor skills associated with specific settings. Topics include physical and emotional safety; risk management; technical skills applicable to the setting; equipment use and maintenance; planning and organization; and travel and living within the setting. Additional focus is placed on trip planning for specific therapeutic populations. Prerequisite: CNSW708. WT field fee.

Course No: CNSW731 Career Development II: Transpersonal Wilderness Therapy

Course Description: This course addresses career counseling, career planning and development, and adult transition from a holistic and transpersonal point of view. Students learn the central theories of career development. Key assessment instruments and techniques for life/career planning and decision-making are reviewed. Career counseling skills and processes are explored, including those applicable to specific populations. The course explores the interrelationships between work, family, and other life roles including the role of diversity and gender in career development. Ethical and legal considerations, career development programming and evaluation, occupational and labor market information, and web-based resources for career information systems are studied. Prerequisite: CNSW711. WT only.

Course No: CNSW761 Group Counseling II: Transpersonal Wilderness Therapy

Course Description: Group Dynamics and Leadership II provides further theoretical and experiential understanding of group purpose, development, dynamics, counseling and therapy theories, approaches, methods, and skills. Studies include comparative models, evaluation methods, research, professional preparation, ethical and legal considerations, and applications for working creatively in outdoor and wilderness settings. Must be taken concurrently with CNSW728.

Course No: CNSW790 Counseling Practicum

Course Description: Required of all second-year students, the counseling practicum provides for the continued development of counseling skills through fieldwork at a community agency with on-site consultation and supervision. The practicum is designed to provide a supportive and instructional forum for students initial experiences working with clients in community settings. Students also study ethical guidelines relating to the counseling profession. The course includes secondary group supervision to support the practicum fieldwork experience. In secondary group supervision, students discuss professional and personal issues as they relate to their development as beginning counselors. Discussion topics include client populations served, client transference and therapist countertransference, case presentations, agency structure and organization, and community resources. Prerequisite: CNST661.

Course No: CNSW802 Professional Counseling Orientation & Ethical Practice: Transpersonal Wilderness Therapy

Course Description: This course completes the learning experience of students enrolled in the internship placement. The Professional Counseling Orientation and Ethical Practice class is designed to provide an instructional and supportive forum for students practicing counseling and psychotherapy in agency settings. The class provides an understanding of professional roles, organizations, and credentialing. Students are exposed to the ethical, legal, and advocacy considerations of counseling. The history and philosophy of the counseling profession are considered in relation to current trends and case studies. We are concerned with professional, theoretical, and personal issues related to the internship, such as therapeutic technique and style, diversity issues, transference, and countertransference.

Course No: CNSW891 Internship II: Transpersonal Wilderness Therapy

Course Description: A continuation of CNSW871. WT only.

Department: Ecopsychology

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Course No: PSYE516E Transitions and Rites of Passage

Course Description: This course explores life transitions, both predictable and unexpected, and the role of rites of passage in giving them meaning and support. Developmental psychology, transpersonal psychology, anthropology, and ecopsychology provide foundations as the course helps students integrate theoretical and experiential perspectives.

Course No: PSYE527E Ecopsychology in Context

Course Description: This online course offers an introduction to ecopsychology in historical, cultural, and philosophical contexts, including contemporary issues and currents of eco-philosophical thought such as eco-spirituality, whole-systems thinking, resilience, bioregionalism, and voluntary simplicity. Ecopsychological alternatives for addressing current ethical and ecological problems are examined along with options for effective and compassionate action. Required for MATE.

Course No: PSYE617E Ecology Concepts and Applications

Course Description: This online course reviews fundamental concepts in ecology and explores their relevance to ecopsychology. We explore organisms in their environment, population dynamics, community ecology, ecosystem dynamics, and Gaia Theory. A field component involves natural history investigations in each student's local bioregion. As a group, we develop a place-based perceptual ecology and inquire into the dynamic interrelationships between local ecology, global change, and the human psyche. Required for MATE.

Course No: PSYE656W Ecopsychology Intensive I

Course Description: The course focuses on advanced topics within ecopsychology, further builds community within the program, and aims to teach specific skills for working with individuals and groups in an ecopsychological context. The students' meditation practice and an understanding of its importance in ecopsychology are deepened.

Prerequisites: Completion of PSYE608 and PSYE567e. Required for, and only open to, first-year MATE students.

Course No: PSYE667W Ecopsychology Intensive II

Course Description: Building on previous courses, this course teaches theories and techniques of specific applications and practices for ecopsychology facilitators. Students have a chance to both observe these practices and practice them in the intensive course. A second purpose of this course is face-to-face community building in the low-residency MATE program. An in-depth self-assessment paper is required. Prerequisite: PSYE656W. Required for MATE.

Course No: PSYE748E Transpersonal Service Learning II

Course Description: This is the second of a two-semester sequence in which students apply and deepen their study of transpersonal psychology through service. This semester, students complete the service-learning project begun in Transpersonal Service Learning I and complete a written paper integrating their learning with theory and research in their area of service and with understanding of transpersonal service. Online lectures, reading, and discussion support this learning. MATE students only. Prerequisite: PSYE738e.

Course No: PSYE880E Master's Paper Online II

Course Description: The second of a two-course sequence in which students complete a major written paper on a topic of their choice. In the second-semester course, students complete the paper. Prerequisite: PSYE839e.

Course No: PSYE881E Extended Master's Paper

Course Description: An extension of the sequence of two courses leading students to complete the master's paper. It is offered in the event that a student does not complete the paper within the given time.

Prerequisite: PSYE880e.

Department: REL/Religious Studies

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Course No: REL525 Contemplative Christianity

Course Description: This course examines the contemplative and mystical tradition of Christianity and its recent recovery by mainstream Christians through the work of Thomas Merton and others. Students examine contemplative perspectives on such major topics as God, Christ, salvation, divine union, deification, scripture and spiritual evolution, especially as these views contrast with modern fundamentalism. This class also studies the contributions of the major historical writers of the tradition. The class includes ample time for contemplative practice. Cross-listed as REL325.

Course No: REL533 Tibetan II

Course Description: A continuation of Tibetan I. The second semester continues the work begun in Tibetan I with the addition of working on an actual Tibetan text. Students use an integrated approach of developing varied oral, aural and written skills to produce an overall knowledge of the language. Prerequisite: REL503. Cross-listed as REL284.

Course No: REL535 Contemplative Judaism

Course Description: The course focuses on three major trends in the history of Jewish mysticism: Spanish Kabbalah; the School of Isaac Luria; and East European Hasidism. Topics include theosophy and theurgy, ecstatic and contemplative prayer, mystical psychology, soul transmigration, and esoteric interpretation of scripture. The course provides a basic kabbalistic vocabulary and introduction to primary mystical sources that prepare a student for further study of contemplative Judaism. Prerequisite REL529. Cross-listed as REL321

Course No: REL537 Sanskrit II

Course Description: This course is a continuation of Sanskrit I. Prerequisite: REL507. Cross-listed as REL287.

Course No: REL540 Zen Buddhism

Course Description: In this course the Zen Buddhist tradition is studied through its meditation practices and through lectures and discussion on the writings and teachings of the Zen Masters. The course includes instruction in zazen, periods of sitting zazen, instructions on applying mindfulness to ones daily life, as well as studying classic texts and teachings of the tradition. The course includes opportunities for a weekend retreat at one of the Zen Centers in the Boulder vicinity. Course fee. Cross-listed as REL 345.

Course No: REL546 Buddhism in America: Dharma Comes West

Course Description: This course surveys the variety of ways in which Buddhism continues to influence contemporary American culture, and in turn be influenced by it. In particular, we explore the ways in which Buddhism has changed and adapted in the different American Buddhist communities. Our scope includes spirituality and religion, literature, social activism, pluralism, and dialogue. Student projects focus on specific Buddhist communities that have joined facets of Buddhist and American culture. Grading criteria includes short writing assignments, final exam, and term paper. Cross-listed as REL348.

Course No: REL547 Contemplative Practice Intensive

Course Description: The purpose of this intensive is to give students the opportunity to deepen their discipline and knowledge of their own spiritual tradition in a community setting that offers a prescribed schedule of practice and of service. Undergraduate students may choose to complete a program ranging in length from one week to a maximum of four weeks at a retreat center of their choice. The center or organization must be approved by the Religious Studies program. Some examples of these sites are Tibetan Buddhist meditation centers, Shambhala retreat centers, Zen centers, Christian monasteries, ashrams, and Jewish contemplative retreats. Others choices are possible with the approval of the program. It is advisable to check with the Contemplative Practice Coordinator to make sure that your choice of retreat center can be approved. Students are responsible for paying all program costs charged by the organization or institution that offers the retreat. These costs are in addition to Naropa tuition. This course is offered for variable-credit; the number of credits (1.5-6) will be determined by the length of the retreat. Cross-listed as REL258.

Course No: REL554W Opening the Heart

Course Description: This course introduces spiritual practices, meditation, and various themes from specific spiritual traditions. The spiritual tradition will vary depending on the visiting instructor presenting. When the vast network of pain and confusion in the world is experienced, one can become overwhelmed and full of despair. This weekend provides tools that allow one to work with this in order to discover compassion and the courageous heart available to everyone. Cross-listed as REL255W.

Course No: REL561E Hasidism: Movement, Masters, Teaching

Course Description: This course explores the history and contemplative approach of Eastern European Hasidism, the mystical/pietistic revival movement that formed in southeastern Poland in the 18th century. Topics include contemplative prayer, mystical/charismatic leadership, mystical immanence of the Divine, worship through materiality, devekut (mystical union), minhag (custom), and ecstatic forms of music and dance. Co-requisite: REL529 or equivalent.

Course No: REL583 Tibetan IV

Course Description: This course continues to expand student knowledge of the grammar and vocabulary of literary Tibetan primarily through translating texts in different genres such as sutras, lives of Buddhist saints, history, philosophy, and so forth. Also continues to develop student knowledge of spoken Tibetan. Prerequisite: REL553. Cross-listed as REL385.

Course No: REL587 Sanskrit IV

Course Description: This semester completes the range of Sanskrit grammar, with secondary conjugations, vocabulary acquisition, an investigation of etymology, and a study of the principles behind words and their meanings. In addition to finishing the textbook on grammar, the Devavanipravesika, the class reads examples of a range of Buddhist, Hindu, and secular verses. Increased attention is given to translation and the hands-on practice of bringing ancient texts into the contemporary world. Prerequisite: REL557. Cross-listed as REL387.

Course No: REL620 Meditation Practicum II: Self and No-Self

Course Description: Selflessness is considered a profound and difficult teaching. The subject is first approached indirectly by exploring the deeply conceptualized nature of human experience. This leads to identifying our experience of having a "self" and analyzing this "self" using analytical meditation. Does it exist or is it just an emotionalized fabrication? Based on the Theravada and Tibetan Shedra traditions. Prerequisite: REL600 or permission of instructor.

Course No: REL623 Religious Experience in Africa: Sacred Cosmos, Ritual, and Community

Course Description: The course is an introduction to the cultural study of traditional African religions. We begin with close attention to cosmology, the traditional view of the world as filled with living, sacred powers. These powers are experienced in various ways - as ancestral presences, nature deities, and personal guardian spirits. Therefore, we focus on ritual practices - ways of communicating with unseen forces to bring communal and personal healing, restoring balance in the human relationship to nature. Offered alternate years.

Course No: REL624 Mind and Its World II

Course Description: An exploration of the dynamics of samsara and the path to liberation as presented primarily in foundational Buddhism. Karma, the twelve links of dependent origination, rebirth, Buddhist cosmology, stages of the path, the nature of nirvana, and so forth are examined. The historical spread of these teachings is also examined. Prerequisite: REL614.

Course No: REL625 Prayer and Prophecy: Biblical Literatures

Course Description: Combining a survey of Judeo-Christian canonical, biblical texts with their contemporaneous ancient near Eastern literatures including Gnosticism, this course introduces the student to traditions of prayer, ritual, and liturgy, and enables the student to develop lectio divina as a contemplative practice. This course meets the needs of MDiv students preparing practices for pastoral care.

The role and root of prophets in the Western engaged social justice and peacemaking lineages are explored. Finally, contemporary problems of textual interpretation influencing fundamentalism, gender, and concepts of God and spirituality today are addressed. Offered alternate years.

Course No: REL633 Tibetan VI

Course Description: This course continues to expand student knowledge of the grammar and vocabulary of literary Tibetan, primarily through translating texts in different genres such as practice instructions, commentaries, songs of realization, lives of Buddhist saints, history, philosophy, and so forth. Prerequisite: REL603.

Course No: REL650 Buddhist Meditation Intensive

Course Description: In this twenty-eight-day intensive group meditation, students practice shamatha-vipassana in Tibetan, Zen, or Insight Meditation traditions under the guidance of trained meditation instructors. The choice of retreat is approved by Religious Studies faculty and school director beforehand. This training can provide experiential, direct insight into the nature of mind and the Buddhist teachings. The meditation intensive is a noncredit requirement for the MA in Religious Studies: Indo-Tibetan Buddhism (with or without Language) and the Master of Divinity programs. Students should complete the meditation intensive during the winter break of their first year or the summer following their first year.

Course No: REL651 Contemplative Practice Intensive: Religious Studies Students

Course Description: This twenty-eight-day group contemplative practice intensive can be done at an established contemplative center in a faith tradition of the students choice: Christian monastery, Hindu ashram, Tibetan Buddhist meditation center, Jewish contemplative retreat center, Zen monastery, etc. The retreat gives the participant an opportunity to practice a prescribed discipline while living in community with others in a contemplative environment. The choice of retreat is to be approved by Religious Studies faculty and school director beforehand. The contemplative practice intensive is a non-credit requirement for MA in Religious Studies: Contemplative Religions (with or without Language) and Master of Divinity programs. Students should complete the contemplative practice intensive during the winter break of their first year or the summer following their first year.

Course No: REL654 Process Lab II

Course Description: A continuation of REL616. MDiv, taken concurrently with REL615.
Prerequisite: REL616.

Course No: REL661 Second Turning of the Wheel: The Bodhisattva Path

Course Description: This course examines the philosophical view, meditation practice, and compassionate action of the bodhisattva path, as expressed in the Mahayana texts. Prajnaparamita and the Vimalakirti sutras provide the ground from which the bodhisattva path is explored in Santideva's Bodhicaryavatara. Finally, the ultimate view of emptiness is explored in the work of Nagarjuna's "Root Verses of the Middle Way" and its commentaries. Prerequisite: REL611.

Course No: REL661E Second Turning of the Wheel: The Bodhisattva Path

Course Description: This course examines the philosophical view, meditation practice, and compassionate action of the bodhisattva path, as expressed in the Mahayana texts. Prajnaparamita and the Vimalakirti sutras provide the ground from which the bodhisattva path is explored in Santideva's Bodhicaryavatara. Finally, the ultimate view of emptiness is explored in the work of Nagarjuna's "Root Verses of the Middle Way" and its commentaries. Online Course. Prerequisite: REL611.

Course No: REL672 Non-Dualism in Theory and Practice

Course Description: An exploration of issues in the study of what is often regarded as the most profound element of religious life: the non-dual and the mystical. How do we study the deepest elements of our own and other religious traditions? How do we remain conscious of the impact of our own assumptions, experiences, and aspirations? Through these questions we interrogate and problematize both the non-dual experience and the scholarly endeavor, exploring fundamental considerations for the contemplative study of religion and spirituality.

Course No: REL676 Inner Oral Tradition of the Torah

Course Description: An examination of the mystical contemplative tradition of Judaism through a demonstration of its approach to Torah texts. The emphasis in the course is on the development and expression of critical thinking and intuition. Good questions are a priority over good answers. Age old Chassidic methodologies are used towards this end. Dramatization of stories are utilized to access the students' emotions and intuitive powers. Exposure to practices like shofar and succah give the students a firsthand experience of Jewish contemplative practice. Offered alternative years. Cross-listed as REL376.

Course No: REL690W Shambhala Training Level I: The Art of Being Human

Course Description: Shambhala Training is the path of study and practice of Shambhala warriorship - the tradition of human bravery, not being afraid of who you are. This path shows how to take the challenges of daily life in our modern society as opportunities for contemplative practice. Shambhala Training is inspired by the ancient legend of the Kingdom of Shambhala, said to be an enlightened society based on gentle and fearless action. The Shambhala Training path of study and practice begins with a series of weekend levels, known as the Heart of Warriorship, which provides the tools you need to establish a personal discipline of meditation practice and to discover the basic principles of warriorship in your daily life.

Course No: REL691W Shambhala Training Level II: Birth of the Warrior

Course Description: Shambhala Training is the path of study and practice of Shambhala warriorship - the tradition of human bravery, not being afraid of who you are. This path shows how to take the challenges of daily life in our modern society as opportunities for contemplative practice. Shambhala Training is inspired by the ancient legend of the Kingdom of Shambhala, said to be an enlightened society based on gentle and fearless action.

The Shambhala Training path of study and practice begins with a series of weekend levels, known as the Heart of Warriorship, which provides the tools you need to establish a personal discipline of meditation practice and to discover the basic principles of warriorship in your daily life.

Course No: REL692W Shambhala Training Level III: Warrior in the World

Course Description: Shambhala Training is the path of study and practice of Shambhala warriorship - the tradition of human bravery, not being afraid of who you are. This path shows how to take the challenges of daily life in our modern society as opportunities for contemplative practice. Shambhala Training is inspired by the ancient legend of the Kingdom of Shambhala, said to be an enlightened society based on gentle and fearless action. The Shambhala Training path of study and practice begins with a series of weekend levels, known as the Heart of Warriorship, which provides the tools you need to establish a personal discipline of meditation practice and to discover the basic principles of warriorship in your daily life.

Course No: REL693W Shambhala Training Level IV: Awakened Heart

Course Description: Shambhala Training is the path of study and practice of Shambhala warriorship--the tradition of human bravery, not being afraid of who you are. This path shows how to take the challenges of daily life in our modern society as opportunities for contemplative practice. Shambhala Training is inspired by the ancient legend of the Kingdom of Shambhala, said to be an enlightened society based on gentle and fearless action. The Shambhala Training path of study and practice begins with a series of weekend levels, known as the Heart of Warriorship--which provides the tools you need to establish a personal discipline of meditation practice and to discover the basic principles of warriorship in your daily life.

Course No: REL694W Shambhala Training Level V: Open Sky

Course Description: Shambhala Training is the path of study and practice of Shambhala warriorship--the tradition of human bravery, not being afraid of who you are. This path shows how to take the challenges of daily life in our modern society as opportunities for contemplative practice. Shambhala Training is inspired by the ancient legend of the Kingdom of Shambhala, said to be an enlightened society based on gentle and fearless action. The Shambhala Training path of study and practice begins with a series of weekend levels, known as the Heart of Warriorship--which provides the tools you need to establish a personal discipline of meditation practice and to discover the basic principles of warriorship in your daily life.

Course No: REL702 Tibetan Translation Project

Course Description: One-on-one mentoring of a Tibetan language student by a senior translator. The student selects a Tibetan text, or portion of a text, in consultation with the senior translator. The goal is to deepen the student's knowledge of the grammar, vocabulary, cultural context, and content of the specific text and genre. Students may only take this class with the permission of the program.

Course No: REL703 Sanskrit Translation Project

Course Description: One-on-one mentoring of a Sanskrit language student by a senior translator. The student selects a Sanskrit text, or portion of a text, in consultation with the senior translator. The goal is to deepen the student's knowledge of the grammar, vocabulary, cultural context, and content of the specific text and genre. Students may only take this class with the permission of the program.

Course No: REL705 Mind Only School

Course Description: The Mind Only School provides an insightful exploration into how we create and maintain the illusion of our projections, along with all the suffering that such illusion engenders. Analytical meditation is used to explore this process of conceptual and emotional projection and how we might transform it. Students register for this course through Naropa but take it in their Nitartha Institute summer program. Required for Tibetan Tradition emphasis. Prerequisites: REL614 and REL624.

Course No: REL710 Third Turning of the Wheel

Course Description: An examination of the most important perspectives, ideas, and practices of the Third Turning orientation of the Yogacara, which emphasizes meditation and the dynamics of emptiness. Our study includes reading from core sutras such as the Samdhinirmocana, the Lankavatara and the Avatamsaka, as well as from commentaries of Asanga, Vasubandhu, and others. Our understanding is illuminated by modern interpretations of both Asian and Western scholars. Prerequisite: REL661.

Course No: REL720 Buddha Nature and Shentong

Course Description: An exploration of the buddha nature tradition that proclaims all beings to have the capacity to uncover enlightened qualities already present within themselves, but that are presently blocked from view by their obscurations. Includes a discussion of how this sutra tradition leads to, and finds its fulfillment in, the Vajrayana. Students register for this course through Naropa but take it in their Nithartha Institute summer program. Required for Tibetan Tradition emphasis. Prerequisites: REL614 and REL624.

Course No: REL745 Master of Divinity Field Education II

Course Description: A continuation of REL744.

Course No: REL747 Master of Divinity Clinical Pastoral Education

Course Description: The CPE (Clinical Pastoral Education) internship gives Master of Divinity students the opportunity to explore personal and professional growth issues in their roles as interfaith chaplains in various settings. Through weekly seminars, didactics, theological reflections, and individual and group supervision, students explore the purpose and meaning of providing pastoral care to people in crisis. Strong emphasis is placed on the students' understanding of their own personal issues and dynamics as these arise in the process of helping others. MDiv only.

Course No: REL760 Vajrayana: Symbol, Iconography, and Ritual

Course Description: This course explores selected literature of Vajrayana Buddhism in Tibet, from its inception in the seventh century until the Tibetan diaspora in 1959, with emphasis upon the tantric saint and the tantric goddess, or dakini. Readings from several genres include biographical and sacred histories, realization literature, and meditation manuals. The challenges of interpreting symbols and iconography in religion, especially when they are gendered, are examined. Offered alternate years. Prerequisite REL624 or REL661.

Course No: REL763 Religious Education

Course Description: This course introduces life span religious education, including an examination of the history, current trends, foundational theories, and applicable skills. Topics include theories of learning from both Western and Eastern perspectives, stages of faith and moral development, venues for religious education, and skill training in curriculum development and lesson planning.

Course No: REL768 Process Lab IV

Course Description: This course is a continuation of REL728. MDiv only. Prerequisite: REL728.

Course No: REL780 Meditation Practicum IV: Maitri and Mandala

Course Description: This course continues the practicum sequence, emphasizing Vajrayana topics such as mandala principle and the Buddha families, including discussion of the neurosis and sanity associated with each family. Space awareness practice (maitri) provides a personal experience of these families, and this practice is a central part of this class. Based on the Indian and Tibetan traditions. Prerequisite: REL635 or permission of the instructor.

Course No: REL804 Applied Ethics and Service Learning

Course Description: For third-year MDiv students, this class provides ongoing instruction, direction, and guidance for student fieldwork, with special emphasis on the application of ethical principles in the context of ministry in the community. Students and instructors meet weekly, focusing on the nature and meaning of doing community-based and spiritually engaged fieldwork in the arenas of pastoral care and change agency. The Naropa Chaplaincy Project is the site for the service-learning aspect of the course.

Course No: REL809W Mindfulness Instructor Training III

Course Description: Third in a three-course series training students to offer instruction in shamatha mindfulness meditation. It emphasizes guiding people in practicing with extreme challenges of mind and body. Participants develop skills in offering ongoing guidance in sitting and walking mindfulness meditations, as well as body-scan, practicing with physical pain, and mindfulness in daily life activities. Students train in offering both one-to-one mentorship, small group guided mindfulness instruction, and explaining the view of mindfulness meditation to various populations. Practices to support the well-being of caregivers and teachers are presented. Educational methods of the course include practice demonstrations, mock interviews, lectures, discussions, and individual interviews. Prerequisite: REL709W. Course fee.

Course No: REL853 MDiv Capstone Seminar

Course Description: This course is designed to prepare the Master of Divinity students to undertake the writing of a capstone project required by the program. This final, integrative project offers students an opportunity to integrate assessments and coursework experiences during their matriculation in the MDiv program, and to construct a theological worldview within the professional field of chaplaincy and/or spiritual leadership. This capstone project is intended to not only draw from the full range of MDiv course materials and experiences, but is also designed to encourage students to place their constructive work in conversation with literature and research in their respective field(s). Transpersonal, contemplative, feminist, action/participant, social change, and intuitive inquiry are also explored.

Course No: REL880 Comprehensive Exam

Course Description: For students in the MA and MDiv programs only. Please see your advisor for more information.

Course No: REL885 Master's Project

Course Description: MA and MDiv only.

Course No: REL886 Extended Master's Project

Course Description: Students who have not completed the master's project may qualify for an extension of the master's project semester. May be repeated. MA and MDiv only.

Department: THRE/Graduate Theater

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Course No: THR652 MFA Training Module II

Course Description: NO COURSE DESCRIPTION

Course No: THR722 MFA Training Module IV

Course Description: NO COURSE DESCRIPTION

Department: TRA/Traditional Eastern Arts

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Course No: TRA500 Shambhala Meditation Practicum I

Course Description: The Shambhala tradition, taught by Chogyam Trungpa, Rinpoche, is a secular path of spiritual training. Students learn sitting meditation and study the principles of Shambhala Warriorship, which involves developing personal courage and social responsibility. The class combines meditation, writing and a variety of exercises to give direct experience of mindfulness and our own senses.

The connection between the arts and meditation is also explored and would be of interest to anyone exploring their own creative process. A slogan of the class is notice what you notice (a phrase Allen Ginsberg coined). Cross-listed as TRA100.

Course No: TRA505 Taijiquan I (T'ai Chi Ch'uan): Beginning Form

Course Description: The first third of the form is introduced. The philosophy and theory of t'ai-chi ch'uan is discussed. The basic principles of relaxation, body-upright, movement initiated from the center or "tan tien," separation of yin and yang and developing a soft and sensitive hand are emphasized. Cross-listed as TRA105.

Course No: TRA510 Aikido I

Course Description: We begin with centering ourselves and bringing that awareness to the situation of "conflict." We simultaneously practice the kata of clean powerful attacks and harmonious defense responses, and ukemi, the art of falling. We emphasize extending energy and transforming the encounter to one of excitement and harmony. Bokken-aikido sword-is introduced. We establish links to the aikido lineage and training communities. We support our embodied experience by reading and reporting on texts of aikido history, philosophy and technique. We study other contemporary sensei through video and visits to seminars. We journal our practice and write reflection papers. Cross-listed as TRA110.

Course No: TRA512 Yoga Meditation Practicum

Course Description: Meditation, though often neglected in modern-day yoga, has always been a central practice in the yogic traditions. Asana, pranayama and concentration are stepping stones, which provide a foundation from which meditation can effortlessly arise. We embark on a journey into the meditative traditions and practices of yoga. This includes the study and practice of concentration techniques (dharana), formless meditation (dhyana), dream and sleep yoga (yoga nidra) and the philosophical premises behind these practices

Course No: TRA514 Indian Devotional & Raga Singing

Course Description: Singing, first of sixty-four traditional Indian arts, is an ancient system of yoga. Students learn to sing OM; chants that consist of naming and manifesting god; svaras-seven goddess tones, the notes from which all traditional scales are derived; ragas-crystals of pure sound. We study sonic transformation, or the means of transforming consciousness and awareness using sound, such as Shabda Brahma [word is god], Nada Brahma [sound is god] etc. All students play the tambura, a stringed drone instrument. Cross-listed as TRA114.

Course No: TRA515 Yoga I

Course Description: An introduction to the vast tradition of yoga. Students gain both an understanding of yoga in its historical and philosophical context and an experience of its methods, which constitute an in-depth exploration of breath, movement and consciousness. Students engage with the practices of asana (postures designed to generate sensate awareness, alignment, strength and ease), pranayama (breath awareness and control) dharana and dhyana (meditation practices). Cross-listed as TRA133.

Course No: TRA520 Ikebana/Kado I

Course Description: Ikebana is the Japanese art of flower arranging, stemming from a love of nature and a delight in developing the elegance and creativity of being human. Ikebana is also called "Kado, the way of flowers" because it is a contemplative practice (a "dharma art") as well as an art form. We study the classical and improvisational forms of the Sogetsu school. Ikebana teaches you that everyone has the gentleness and courage of artistic talent. Materials Fee. Cross-listed as TRA120.

Course No: TRA525 Taijiquan II: Completion of Form

Course Description: The first third of the form is corrected. The second third of the form is taught. While continuing to work on the basic principles, the concepts of becoming more relaxed, soft and open in the body and mind are emphasized. Cross-listed as TRA205.

Course No: TRA530 Aikido II

Course Description: This class continues to build directly on the basic aikido teachings and philosophy to create greater centered and calm response to conflict in a martial encounter or in our everyday, personal lives. Relaxed, nonaggressive learning is emphasized. Greater stamina of body and attention is developed. We support our embodied experience by reading and reporting on texts of aikido history, philosophy and technique. We study the practice and ideas of other contemporary sensei on video and visits to seminars. We write papers and journals to enhance our mental reflection and insight on the complexity of our training experience. Cross-listed as TRA210.

Course No: TRA535 Yoga II

Course Description: Students begin exploring the psychology of the self through the lens of the 'subtle body,' namely the chakra system. Drawing from both classical and contemporary yoga, students engage in both an academic and experiential study, utilizing asana, pranayama, meditation, and a variety of psychological approaches. This class continues the study of yoga's rich literature and philosophy. Cross-listed as TRA233.

Course No: TRA540 Ikebana/Kado II

Course Description: This class offers further exploration and in-depth study of ikebana, the Japanese art of flower arranging. Materials fee. Cross-listed as TRA220.

Course No: TRA550 Aikido III

Course Description: Calm confidence and grace emerge naturally with the continued and consistent study of aikido movement. Bodies and concentration strengthen. One becomes more comfortable with the "confusion," the unknowing that precedes knowing. Becoming more relaxed under pressure, speed, complexity, simplicity and open heartedness begin to enter the martial engagements. One begins to understand how practice might become a lifetime commitment. Bokken and tanto kata are added to intensify the empty hand practice. Readings, reflective writing, attending seminars all are required to further the students' development. Cross-listed as TRA550.

Course No: TRA552 Taoism

Course Description: Taoism is a philosophy, religion, and set of transformational practices based on acting in harmony with the Tao, or way of nature. It can be traced back to at least the late 4th century BCE and has evolved along with ancient Chinese folk religions to provide the underpinnings of modern religious sects and esoteric practices as well as qigong and many martial arts. This course provides an overview of the historical, cultural, and philosophical context of Taoism, introduces transformational and alchemical practices, includes regular practice of qigong and Taoist meditation, and relates Taoism specifically to the study of T'ai-Chi Ch'uan and other martial arts. Cross-listed as TRA252.

Course No: TRA561 Yoga IV: Teacher Training

Course Description: This course continues the study of an integral Yoga practice, which combines asana, pranayama, concentration and meditation. In addition, this class serves as an introduction to Yoga Teacher Training, intended to complement and conjoin Yoga V. Students continue their study of anatomy, Yoga Therapy, alignment, Yoga philosophy as well as the fundamentals of designating a Yoga practice according to an individual's physical and psychological constitution. Cross-listed as TRA433.

Course No: TRA564 Ikebana/Kado III

Course Description: This class offers further exploration and in-depth study of ikebana, the Japanese art of flower arranging. Materials fee. Cross-listed as TRA320.

Course No: TRA565 Taijiquan IV: Push Hands and Sword

Course Description: Level IV introduces push-hands, or tui shou, the two-person t'ai-chi chuan practice. The basic push-hands pattern is taught and the solo form is corrected, with special attention to how push-hands and the solo practice inform each other. Partner work provides the basis for learning how to interact with others using t'ai-chi principles. By practicing these skills in a push-hands setting, the student learns how to bring them to everyday interactions. This upper-level martial arts course is available for variable credit (1-3). Please contact the Department for further details. Cross-listed as TRA405.

Course No: TRA570 Aikido IV

Course Description: Further progress in aikido study is pursued at the nationally reputed Boulder Aikikai under the tutorship of Naropa's aikido faculty. Students deepen their understanding, skill and strength in ukemi, execution of basic and advanced techniques, participate in bokken, jo, tanto training and randori practice. Readings, discussions and reflective writing are required during weekly off-mat meetings. Students are also required to keep a daily practice journal. This upper-level martial arts course is available for variable credit (2-3). Please contact the Department for further details. Cross-listed as TRA410.

Course No: TRA573 Aikido V

Course Description: Further progress in aikido study is pursued at the nationally reputed Boulder Aikikai under the tutorship of Naropa's aikido faculty. Students deepen their understanding, skill and strength in ukemi, execution of basic and advanced techniques, participate in bokken, jo, tanto training and randori practice. Readings, discussions and reflective writing are required during weekly off-mat meetings. Students are also required to keep a daily practice journal. This upper-level martial arts course is available for variable credit (2-3). Please contact the Department for further details. Cross-listed as TRA450.

Course No: TRA574 Yoga V: Teacher Training

Course Description: Yoga V, in conjunction with Yoga IV, is designed to provide the foundation and training needed for students who aspire to teach yoga. This class examines the various topics essential to being a skilled yoga teacher, including yoga therapy, how to safely and effectively teach asana and pranayama; the principles of effective speech; ethics; alignment; how to make adjustments; the sequencing of postures; knowledge of the yoga tradition and philosophy; and the cultivation of one's authentic self-expression. Students also gain regular practice and experience in teaching yoga. Cross-listed as TRA449.

Course No: TRA585 Taijiquan V: Practice Capstone

Course Description: Level V introduces the choreography of the t'ai-chi sword (jian) form as a basis for developing a deeper understanding of the mechanics of tai chi movement. This deeper understanding then reflects back to the solo form and push-hands practices. The solo form continues to be refined. This upper-level martial arts course is available for variable credit (1-3). Please contact the Department for further details. Cross-listed as TRA455.

Course No: TRA587 Aikido VI

Course Description: Further progress in aikido study is pursued at the nationally reputed Boulder Aikikai under the tutorship of Naropa's aikido faculty. Students deepen their understanding, skill and strength in ukemi, execution of basic and advanced techniques, participate in bokken, jo, tanto training and randori practice. Readings, discussions and reflective writing are required during weekly off-mat meetings. Students are also required to keep a daily practice journal. Cross-listed as TRA487.

Department: WRI/Writing and Poetics

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Course No: WRI603 Professional Development: Letterpress Printing: First Impressions

Course Description: As writers, the practice of setting movable type and printing texts by hand is an invaluable aesthetic and practical resource. This class explores letterpress printing from the writer's point of view, bringing literary considerations to those of typography, bookmaking, visual design, and layout. As writers/printers, students investigate the letterpress possibilities for poetry and fiction through the production of broadsides, postcards, and a limited-edition chapbook. Open to CW&L and CW&P students only; others by permission of the program. Cross-listed as WRI383. Materials fee.

Course No: WRI625 Multigenre Workshop: Adaptation

Course Description: We focus on works of prose, both fiction and nonfiction, published and original. From these texts, we determine what can be skillfully dramatized and what should remain as language. We ask: where should dialogue begin, how can it be maintained or made most effective, and when should it be concluded? We identify and become well-acquainted with the elements and demands that go into dramatic writing, and how it differs from narrative prose.

Course No: WRI648E Craft of Writing: Contemplative Experiments

Course Description: In its view toward fresh, lively writing, this course emphasizes contemplative attention within the act of writing itself, in order to go where the energy is, rather than follow premeditated decisions. We look at works that exhibit wakeful energy in various literary modes, tuning into their particular qualities of mind, as well as to the elements and structures of language by which these qualities are realized. "Contemplative" here refers to the joining of present attention with critical understanding so that new possibilities for form and content may open for writing in any mode or genre. Open to MFA Creative Writing students only.

Course No: WRI671 Prose Workshop: Narrative Practices

Course Description: In this workshop, we read contemporary writers whose work subverts narrative practices of different kinds. We examine a progression of works that engage creative process on a continuum from the sentence to the event, as models and prompts for our own narratives. What happens to prose writing when we engage narrative theory? What kinds of actions might be foregrounded, complicated, or transformed? How do we write something new?

Course No: WRI700 Professional Development: Writing Pedagogy Seminar

Course Description: This class prepares students for working with writers in the college setting, both one-on-one and in the classroom. A range of teaching models (including expressive, collaborative, critical, contemplative, and feminist philosophies) are investigated, and practical methods for working with writers are developed. Strategies for engaging with the writing process, providing feedback on student work, and developing lesson plans are explored.

Students construct a foundation for their own pedagogical approaches, based firmly in the theories they value. Open to all graduate students interested in teaching writing.

Course No: WRI733 Poetics Seminar: Queer Lit

Course Description: This course investigates texts that queer. We read literature and theory that questions, complicates, deterritorializes, defines, curates, and inhabits the genre of queer literature. We consider, for instance, the bilingualism of gender and genre, liminal space, sexuality and textuality, the politics of syntax and sex, the body, the not-body, and more.

Course No: WRI735E Craft of Writing: Contemporary Trends

Course Description: In this course, students focus on current trends, patterns, and concerns of creative writing practices. We investigate and consider a variety of literary modes that both inform and are informed by contemporary texts, including the cross-pollination of writing with other cultural and social forms and practices. In addition to reading recent works, students trace the history of these trends to observe their dynamic evolution. Open to MFA Creative Writing students only.

Course No: WRI739 Poetry Workshop: Contemplative Poetics

Course Description: Contemplative poetics affirms trust in the meaningfulness of immediate experience as basis, exploration into modes of composition as practice, and attention to elements and structures of language as medium. We work with contemplative practices that ground mind and body in active attention, invite curiosity that extends attention into investigation, and take chances in execution that bring surprise of form and insight. This course introduces exercises, methods, and procedures to open new directions in thinking, writing, and being. Open to CW&P MFA students only.

Course No: WRI744 Multigenre Workshop: Somatic Writing

Course Description: In this course, we build a piece/project centered upon somatic experiments and forms. We explore what it means to write the body, whether we are thinking about movement, animal ethologies, the nervous system, or larger questions of embodiment. What is an embodied work of creative writing? We build a space for writing in which new forms are able to appear, inspired and evoked by body-based practices. We also examine mixed performances and readings of all kinds.

Course No: WRI761 Poetics Seminar: Contemporary Trends

Course Description: In this course, students focus on the current trends, patterns, and concerns of writing practices. We investigate and consider a variety of artistic practices that both inform and are informed by contemporary texts, which may include the cross-pollination of writing with other cultural and social practices, conceptualism, or the blurring of low and high art. In addition to reading contemporary texts, students trace the history of these trends to observe their dynamic evolution.

Course No: WRI770 Multigenre Workshop: Cross-genre Forms

Course Description: This course investigates hybridity as form. We expand our definitions of crossing genres by examining various disciplines and theories, heterosis, diasporic contact zones, migratory borders, and chimeras, in order to problematize the binary of the poetry/prose dichotomy. We transgress the line, the sentence, and the narrative, as well as press on the boundaries of writing, mixing and matching, cross-talking our way through. Through vertical and horizontal interrogative acts, we research and develop forms that can house our cross-genre gestures. Open to CW&P MFA students only.

Course No: WRI781 Professional Development: Project Outreach

Course Description: This course sends students into local schools, retirement homes, shelters, at-risk youth groups, and so on, to lead creative writing sessions. A portion of the weekly class time occurs in these community settings. Field logistics, practice writing experiences, teaching techniques, and field experiences are discussed. Students act as literary activists, teaching and lending inspiration. Open to CW&L and CW&P students, also to others by permission of the program. Cross-listed as WRI381.

Course No: WRI791WE Spring Writers Practicum

Course Description: Study of selected literary and compositional issues and writing workshop with Naropa and visiting faculty. Topics may cover a wide range of subject matter and methods in writing and vary from semester to semester. These may include, but are not limited to, works of literature, forms of composition, literary history, writing practice (including prose, poetry, and translation), literary criticism, as well as film and media studies. Open to MFA Creative Writing students only.

Course No: WRI794W Writers Practicum with Anne Waldman

Course Description: Study and analysis of selected literary and compositional issues and elements. Topics may cover a wide range of subject matter and methods of writing and may vary from semester to semester. These may include, but are not limited to, works of literature, forms of composition, literary history, writing practice (including prose, poetry, and translation), literary criticism, as well as film and media studies. Cross-listed as WRI394W.

Course No: WRI795W Writers Practicum with Allen Ginsberg Visiting Fellow

Course Description: Study and analysis of selected literary and compositional issues and elements. Topics may cover a wide range of subject matter and methods of writing and may vary from semester to semester. These may include, but are not limited to, works of literature, forms of composition, literary history, writing practice (including prose, poetry, and translation), literary criticism, as well as film and media studies. Cross-listed as WRI395W.

Course No: WRI796 Special Topics: Poetics Seminar

Course Description: Topics explore various literature-based methodologies and practices and vary from semester to semester. Course focuses may include, but are not limited to, New American Poetry, New Narrative Writing, Black Arts Movement, women writers, hybrid texts, image and text, film and media studies, as well as various other themes driven by critical analysis of literature. Cross-listed as WRI491.

This course takes its inspiration from the question posed by Rilke's protagonist in *The Notebooks of Malte Laurids Brigge*: "Is it possible that the whole history of the world has been misunderstood?" In this passage, Malte questions whether history has incorrectly paid its attention to the masses instead of to "the one person they were standing around because he was a stranger and was dying." While this supposition about history's making, or the poeisis of history, is not new—we see it reflected in Aristotle's privileging of poetry over history and more recently in the work of postmodern historians—this course proposes that not only can imaginative interpretations better help us to understand the past, they can also help recover voices and perspectives that have been subsumed in grand narratives that perpetuate notions of the universal subject. In this course, we will primarily read fiction that abandons neither the reality principle nor the pleasure principle yet treats the past as both contingent and knowable only through imaginative interventions and innovations in form. This course goes beyond merely spelling out how writers have recovered lacunas in history and culture; it also proposes that a fiction of recovery is a matter of ethics.

Course No: WRI880 MFA Creative Thesis

Course Description: As the culminating requirement of the MFA degree, graduate students submit an MFA thesis, which includes creative and critical components. Additional information about the MFA thesis is available in the JKS office.